



RESULTS

RANK	BIB	SURNAME & NAME	NAT	BORN	CLUB	ORD	TIME	POINTS
WR		7:23.81 GIRMA Lamecha		2000	ETH LIEVIN			15 FEB 2023
CR		7:49.61 LEWIS David		1961	GBR COSFORD			25 JAN 1986
NR		7:32.43 LAGAT Bernard		1974	USA BIRMINGHAM			17 FEB 2007
SR		7:32.43 LAGAT Bernard		1974	USA BIRMINGHAM			17 FEB 2007

As of 19/02/2023 at 15:18

1	465	WEST James	1996	TONBRIDGE AC		6	7:49.78	
2	365	PERRIN Osian	2003	MENAI TRACK AND FIELD		8	7:50.86	PB
3	467	WHEELER Charles	1998	MILTON KEYNES DISTANCE PR		4	7:51.80	PB
4	293	MCLUCKIE Henry	2002	SHAFTESBURY BARNET HARR.		3	7:55.82	PB
5	276	MANTHORPE Alfie	1999	CITY OF SHEFFIELD DEARNE		1	7:56.60	PB
6	152	FOGG Adam	1999	COVENTRY GODIVA HARRIERS		10	8:00.39	
7	371	POTRYKUS Ben	1996	WOODFORD GR. ESSEX LADIES		5	8:09.46	
8	468	WHEELER George	1998	MILTON KEYNES DISTANCE PR		9	8:10.65	
9	240	KINLOCH Alasdair	1999	TONBRIDGE AC		2	8:17.74	

NOT RANKED

391	ROWE Jack	1996	ALDERSHOT FARNHAM & DIST.		7	DQ	17.3.2	
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Intermediate point leaders (Bib and Time):

Legend

* = Warning	DNF = Did Not Finish
DNS = Did Not Start	DQ = Disqualified
ORD = Order	PB = Personal Best

Birmingham, 18th-19th february 2023

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Data Processing by Microplus - www.microplustiming.com - Timing and measurements by SEIKO

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